

Total of 1,231 food parcels since  
January

Contact us on

Telephone 07895925872

Email [communitylarder@outlook.com](mailto:communitylarder@outlook.com)

Website [paigntoncommunitylarder.org.uk](http://paigntoncommunitylarder.org.uk)

Or call in and see us at Christ Church Tuesday,

Wednesday and Thursday 12-2



# Snack & Natter



## Helping bring the community together Preston Rotary Club help continues

Following a number of donations, both food and cash, Preston Rotary Club have just presented us with a further cheque for £200 to help replenish the shelves.

Roger Tisdall, Vice-President of Preston Rotary Club explained that last year members of the club donated items of food on a monthly basis which were then handed over to the larder. This year the club changed the system and members now donate cash which allows the larder to replenish their most needed items quickly.

Anita Davies, who runs Paignton Community Larder, popped in to a recent meeting of the Rotary club and updated the members with developments. Anita astounded the members by saying the larder had already provided 1031 food parcels in the first 7 months of this year which is over 40% up on the same period last year and represented 23,500 meals. Further details about Preston Rotary Club can be found on their website at [preston.rotary1175.org](http://preston.rotary1175.org)



## Please think of us if you are having Harvest celebrations as our stocks are very low

- |                     |                    |                        |                     |
|---------------------|--------------------|------------------------|---------------------|
| <b>Tinned meat</b>  | <b>Tinned fish</b> | <b>Custard</b>         | <b>Crackers</b>     |
| <b>Rice Pudding</b> | <b>Pot noodles</b> | <b>Jam</b>             | <b>Paste</b>        |
| <b>Biscuits</b>     | <b>Pasta sauce</b> | <b>Tinned soup</b>     | <b>Cereal</b>       |
| <b>Tinned meals</b> | <b>Soup</b>        | <b>Tinned tomatoes</b> | <b>Savoury rice</b> |
| <b>Noodles</b>      | <b>Rice</b>        | <b>Packet meals</b>    | <b>Squash</b>       |
| <b>UHT Milk</b>     | <b>Tea</b>         | <b>Coffee</b>          | <b>Toiletries</b>   |

Snack & Natter opened its doors on the 12<sup>th</sup> August at the Coverdale Centre and we are pleased to see so many people attend each week. Snack & Natter was started by Paignton Community Larder as we were getting an increase in surplus food from various supermarkets. We wanted to reach our wider community and do our part in reducing waste in our country. In Torbay we feel there are a

you would like company. We think it's a great way of getting to know more people. We also have volunteers ready for a chat.



Our soup is homemade from organic vegetables donated from Riverford that are completely fresh but surplus to requirements. A suggested donation of £1 for tea, coffee, cake, soup and bread for any of all or above. Please come and visit us. We welcome

large number of people who are on their own and would benefit some company. This is a place to meet new people whatever your age. People come who are carers or being cared for. It's a place to meet up with old friends and make new friends. We also display "happy to share" my table cards. This is a fun way of meeting new friends. You simply stand the card up to let people know

everyone. Snack and Natter is in the Coverdale Centre, Church Path, Paignton. Every Monday Noon until 2-pm (Soup from Noon) We are also looking for volunteers to come along and help out, either at Snack & Natter or Christ Church. Please call Anita 07895925785 for more information or pop into Snack & Natter or Christ Church Tuesday, Wednesday or Thursday noon until 2.00pm.