

ISSUE
10

September
2022

Newsletter



Paignton Community Larder

**Over 9500 food parcels,
equating to over 260,000
meals provided since
October 2017**

Paignton Community Larder is coming up to it's 5 year anniversary since we first opened our doors, and we are proud to say we have been able to help many families and individuals in need, providing over 9,500 food parcels.

During this time, we have also helped by sign posting people to other help and support agencies.

Items needed Baked Beans, Soups, Pasta, Cereal, Biscuits, Jam, Tinned meat ,Tinned meals ,Pasta N Sauce ,Noodles ,Tinned potatoes, Jars of Pasta Sauce ,Squash ,Flavoured Rice ,Custard .

We have many collection points open so if you are able to donate:- Paignton Morrisons. Paignton Tesco's, All Paignton Co-op's ,Torquay Tesco Fleet Street, Torbay Leisure Centre, Churston Library, The Foot Clinic (Preston) or please drop donations to us at

Southfield Christian Centre.

12-2 Monday to Thursday.

New Team 2022 and Cost of Living Crisis



To those who don't know me, my name is Andy Bichard. Its an absolute privilege to have been made Manager of Paignton Community Larder. I joined the team back in 2021 and took over from the amazing Anita Davies in December. I have previously worked for The Salvation Army and before that Anode, as both a volunteer and then employee. As well as myself, Carol Hellyer has transitioned from volunteer to Assistant Manager. While the team has changed, our core values have not. Paignton Community Larder prides itself on being a safe welcoming environment to all those experiencing food poverty. Over the last 12 months we have faced huge challenges as the cost-of-living crisis takes hold. By the beginning of September, we had already surpassed the total number of meals we had provided over the **WHOLE of 2021. OVER 50,000 SO FAR!**

Demand is only going to increase in the months ahead in what is a perfect storm for a foodbank. Rising food costs mean that donations aren't stretching as they did, less food is coming through the door, bills are going up and demand is unprecedented. At Paignton Community Larder we are fortunate to work with many other organisations and donors that support us week in and week out and the most wonderful set of volunteers that any charity could ask for. We will meet the challenges today and we will meet the challenges of tomorrow but we need all the help we can get, whether that is with food donations, monetary donations, volunteering, or prayers.

Harvest Festivals

If you are a School or a church, then please think of us this Harvest time. Any support would be most gratefully received and will make a tremendous difference to the provision and support we can provide to those most in need. If you are an individual who would like to make a special effort this Autumn then please consider getting together within your social or work circle and donating food.



Volunteering



My name is Bob, I have been volunteering at Paignton Community Larder since it first opened in 2017. Before this I volunteered at Anode. I help pick food up from supermarket collection points, churches, schools and Riverford. I volunteer because I want to

help others and make a difference to people's lives. I have made great friends during my time volunteering and I would recommend anyone who wants to make a difference or make new friends to volunteer.

If you are interested in joining Bob and volunteering with us then please do not hesitate to get in touch

Activities



Snack & Natter – Monday – Thursday 12 –2pm

Come in and enjoy some light refreshments, chat with the team, or join in activities like drawing, stone painting, or jigsaw puzzles.

Wellbeing Wednesday – Every Wednesday 9:30 – 11:30

A space where it is okay to be okay or not be okay. A safe, non-judgemental space where you can bring a hobby or learn a new one. Includes an entirely optional space for prayer.

Rising Moments – Thursday 9:30 – 11:30

Thanks to the following organisations



Contact Information

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Torbay Methodist Church
Paignton Baptist Church
Barton Baptist Church
7th Day Adventists
Torquay NHS
Paignton & Preston Rotary Clubs
And many others

